

## Attire and Supplies Needed for Class

### Ballet, Tap, and Jazz Classes

#### **Leotard**

A basic leotard in any color or design is acceptable. Attached skirts are fine as long as they fall above the knees. Ornate costumes are not allowed as this is distracting to the dancer and makes it difficult for the instructor to see body placement. Any leotard or dance outfit should be easy to move in; a huge tutu or skirt makes it difficult for dancers to participate in class. Dance shorts over the leotard are acceptable as long as they are form fitting and not distracting to the dancer.

#### **Tights**

Dancers must wear tights, not pantyhose. Dance tights are stretchy and easy to move in. They are also designed to keep leg muscles warm and supported. Tights also aid in preventing any blisters.

#### **Shoes**

Pink ballet shoes and black tap shoes are required for dance class for dancers in a tap and ballet class. Isotoner slippers ARE NOT ACCEPTABLE. They do not fit the same and make it difficult to see if the feet are stretched. Please remove the black laces that come with the tap shoes (keep them handy in the dancer's bag) and replace them with elastic so the dancer can slip the shoes on/off. Elastic ties for shoes are available for sale at the front desk.

Black or Caramel Jazz Shoes as well as pirouettes are acceptable for jazz class.

### Tumbling Classes

#### **Leotard/Attire**

A basic leotard, unitard, or tight fitting shorts and tank top are acceptable for tumbling class. Students should not wear loose or baggy clothing as it can be distracting or even dangerous during acrobatic movements. Bare feet are encouraged.

### Hip Hop Classes

#### **Attire**

Comfortable clothing is suitable for these classes. No denim or clothes that restrict movement can be worn.

#### **Shoes**

Tennis Shoes with light soles should be worn for hip hop class. Tennis shoes, ballet or jazz shoes should be worn for acting and bare feet for mommy and me.

#### IMPORTANT DETAILS

##### **Where to purchase dance supplies?**

All items mentioned are all available at the On Your Toes Dance Studio store at competitive prices.

##### **Why do we require certain attire?**

By dressing our dancers in a common way, they are dressing in a way that:

- allows the instructors to see body positions and movement
- minimizes distraction
- utilizes appropriate dancewear products to minimize the risk of injury posed by non-dancewear attire
- makes them feel like a dancer and part of a team

##### **Hair:**

Should have hair pulled back off the face and should be securely tied back. This means a ponytail, bun or braids of some fashion. Securely means that not only will the hair not fall out when dancing, but also that very little dancers cannot take their hair down by unclasping a barrette. This allows the dancer to take class and not be distracted by hair. Please keep a few extra ponytail holders in your dancer's bag, and make sure that whoever is bringing the dancer to class knows how to do their hair. Please do not expect the teacher to do this for you. Neat hair is another part of the dancer's attire—it cuts down on disruptions, and makes them feel more like dancers. If your dancer's hair is short, please use a headband.

##### **Bag:**

Each dancer needs bag for dance shoes, which should also have your child's name on/in it. Please check your child's bag after each class to make sure they have the correct shoes or haven't left something behind.

*All dancers' shoes should have their names in them. Never allow your dancer to wear their dance shoes outdoors as it will ruin the shoes and bring extra dirt into the dance room/floor.*